

Session Recording Policy and Telehealth Limitations

Recording of Sessions:

1. Texas law generally allows the recording of conversations if one party consents. However, to maintain the clinical integrity, trust, and strict confidentiality required in therapy, New Life Counseling Center, PLLC maintains a strict no-recording policy.
2. By signing this agreement, you agree not to audio record, video record, screenshot, or digitally capture any portion of your sessions, phone calls, or virtual interactions. This includes a strict ban on using built-in computer screen recorders, external devices, AI-transcription software, or automated note-taking bots during telehealth calls.
3. Unauthorized recording or digital duplication of a session constitutes a direct breach of this treatment agreement. Any violation will result in the immediate termination of services and a referral to external care.

Telehealth Limitations:

1. In rare instances when a client is not able to be physically present for therapy but prefers not to skip a session, he/she may choose to connect with the therapist electronically, such as via doxy.me or the professional version of Zoom—both route declare that they are HIPAA compliant.
2. Before engaging a virtual platform, please be aware of the following limitations of and expectations re: electronic psychotherapy treatment:
 - a. Any Internet-based communication is NOT GUARANTEED TO BE SECURE/CONFIDENTIAL.
 - b. There are precautions that you, as client, can take to increase security, including:
 - i. Ensuring that you are online in a private room/area with the door closed, and if possible, using some type of sound blocking device.
 - ii. When possible, connect to the Internet directly (as opposed to using WiFi)
 - c. Make the same commitment to your online session that you would to an in-office appointment.
 - i. Don't be late.
 - ii. Limit distractions - turn off cell phones; avoid 'split screens.'
3. An Online session is subject to the same cancellation policy as an in-person appointment.

By signing this agreement, you agree to NO audio or video recording, screenshots, or digitally capturing any portion of your sessions, including a strict ban on using built-in computer screen recorders, external devices, AI-transcription software, or automated note-taking bots during telehealth calls. I have read this Electronic Media Therapy contract. I understand and agree to comply with these policies and release New Life Counseling Center, PLLC and my therapist from any liability re: confidentiality that may be compromised via electronic format.

Client Signature

Date